

RYE HIGH SCHOOL

BREAKFAST & LUNCH MENU

FEBRUARY 6 – 10, 2012

MENU SUBJECT TO CHANGE

Visit the food service program at

RYECITYSCHOOLSFOODSERVICE.ORG

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST SPECIALS	<u>PANCAKES</u> OR HOME MADE <u>WAFFLE</u> WITH YOUR CHOICE OF TOPPING; CHOCOLATE CHIPS, BLUEBERRIES, STRAWBERRIES, BROWN SUGAR, APPLES & CINNAMON OR CONFECTIONARY SUGAR				
GRILL TO ORDER	<u>GARNET BURGER</u> CHICKEN OR VEGGIE \$2.00 WITH CHEESE \$2.35 <u>GREEK BURGER</u> WITH FETA CHEESE, RED ONION & TOM. \$3.00 <u>STRAIGHT FRIES</u> \$1.25	<u>THAI GRILL BEEF</u> WITH FRIED RICE \$4.00 OR <u>GRILL TURKEY PASTRAMI RUBEEN</u> \$4.25 <u>STRAIGHT FRIES</u> \$1.25	<u>GRILL CHEESE YELLOW AMERICAN</u> \$1.50 <u>MOZZARELLA</u> \$2.00 TOMATO – ADD \$3.35 OR <u>GRILLED MONTE CRISTO</u> \$4.10 <u>WEDGE FRIES</u> \$1.50	<u>**** BLT ****</u> <u>BACON, LETTUCE & TOMATO</u> ON A ROLL \$3.10 OR GRILLED <u>TUNA MELT</u> \$4.25 <u>STRAIGHT FRIES</u> \$1.25	<u>OMELET DAY</u> -PICK YOUR 3 FILLINGS- SERVED ON A KAISER ROLL \$3.45 EGGBEATERS OR EGG WHITES AVAILABLE
SOUP \$1.00 / \$1.50	<u>LENTIL</u>	ROASTED CORN, PEPPER & TOMATO CHOWDER	<u>TORTELLINI</u>	<u>CHICKEN & RICE</u>	<u>NEW ENGLAND CLAM CHOWDER</u>
COMPLETE MEAL: STUDENT \$3.15 ADULT \$3.50 + TAX	<u>CHICKEN PARM</u> WITH PASTA, STRING BEANS, ITALIAN BREAD & CHOICE OF MILK	<u>QUICHE LORRAINE</u> WITH SALAD, SOUP, FRESH FRUIT AND CHOICE OF MILK	<u>CHICKEN MARSALA</u> PASTA, GARDEN VEGETABLE, FRESH FRUIT AND CHOICE OF MILK	<u>CHICKEN FAJITA</u> PEPPERS, ONIONS, CHEESE AND SALSA WITH RED BEAN RICE PINEAPPLE CHUNKS & CHOICE OF MILK	<u>PIZZA</u> GARDEN SALAD & ASSORTED FRUIT DESSERTS CHOICE OF MILK
A LA CARTE SPECIAL	<u>BAKED CHICKEN CHUNKS</u> SERVED WITH FRENCH FRIES \$3.35	<u>CHICKEN SLIDER SANDWICH</u> 2 CHICKEN SLIDERS, CARROT STIX & FRIES \$3.95	<u>MEATBALL HERO</u> \$3.00 <u>MEATBALL PARM.</u> \$3.45	<u>RIGATONI & SAUSAGE</u> WITH GARDEN SALAD & A ROLL \$3.25	<u>CLAM STRIP PLATTER</u> WITH COLE SLAW AND FRENCH FRIES \$3.50
VEGITARIAN CHOICE: STUDENT \$3.15 ADULT \$3.50 + TAX	<u>EGGPLANT PARMIGIANA</u> PASTA, STRING BEANS, ITALIAN BREAD & CHOICE OF MILK	<u>VEGETABLE QUICHE</u> WITH SALAD, SOUP, FRESH FRUIT & CHOICE OF MILK	<u>TOFU MARSALA</u> FRESH GARDEN VEGETABLE, FRUIT DESSERT & CHOICE OF MILK	<u>ROASTED ROOT VEGETABLE MEDLEY</u> WITH BROWN RICE AND PINEAPPLE CHUNKS CHOICE OF MILK	<u>PIZZA</u> GARDEN SALAD & ASSORTED FRUIT DESSERTS CHOICE OF MILK
DELI SPECIAL \$4.50	<u>TURKEY COBB SANDWICH</u>	<u>CHICKEN CAESAR WRAP</u>	<u>CRISPY ORANGE CHICKEN WRAP</u>	<u>BREADED CHICKEN CUTLET SANDWICH OR WRAP</u>	<u>CHEF CHOICE ON HOMEMADE FOCCACCIA BREAD</u>

MANAGEMENT RESERVES THE RIGHT TO MAKE MENU CHANGES WITH OUT NOTICE.

***** IF YOU HAVE A FOOD ALLERGY, PLEASE SPEAK TO THE MANAGER, CHEF OR STAFF MEMBER *****