

RYE HIGH SCHOOL

BREAKFAST & LUNCH MENU

MARCH 12 - 16, 2012

MENU SUBJECT TO CHANGE

Visit the food service program at

RYECITYSCHOOLSFOODSERVICE.ORG

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST SPECIALS	<u>PANCAKES</u> OR HOME MADE <u>WAFFLE</u> WITH YOUR CHOICE OF TOPPING; CHOCOLATE CHIPS, BLUEBERRIES, STRAWBERRIES, BROWN SUGAR, APPLES & CINNAMON OR CONFECTIONARY SUGAR				
GRILL TO ORDER	<u>GARNET BURGER</u> CHICKEN, TURKEY OR VEGGIE \$2.00 WITH CHEESE \$2.35 <u>MEXICAN BURGER</u> TOM.,LETT., CHEDDAR & AVOCADO \$3.00 STRAIGHT FRIES \$1.25	<u>GRILLED TURKEY BALBOA</u> \$4.00 OR <u>GYRO</u> GRILLED BEEF, LET., TOM., TAZATIZIKI SAUCE \$3.50 STRAIGHT FRIES \$1.25	<u>CHEESE QUESADILLA</u> WITH SALSA & SOUR CREAM \$1.85 WEDGE FRIES \$1.50	<u>GRILL CHEESE YELLOW AMERICAN</u> \$1.50 <u>MOZZARELLA</u> \$2.00 TOMATO – ADD \$.35 OR <u>GRILL VEGETABLE</u> W/ BASIL MAYO ON 8 GRAIN BREAD \$4.00 STRAIGHT FRIES \$1.25	<u>OMELET DAY</u> -PICK YOUR 3 FILLINGS- SERVED ON A KAISER ROLL \$3.45 EGGBEATERS OR EGG WHITES AVAILABLE
SOUP \$1.00 / \$1.50	FRESH TOMATO	WHITE NAVY BEAN	MUSHROOM BARLEY	SPINACH & ORZO	CHICKEN NOODLE
COMPLETE MEAL: STUDENT \$3.15 ADULT \$3.50 + TAX	<u>PENNE, CHICKEN & BROCCOLI</u> IN A LIGHT BROTH, FRUIT CUP & CHOICE OF MILK	<u>OVERSIZED BAKED POTATO</u> WITH TOPPINGS AND FRUIT CHOICE OF MILK	<u>MACARONI & CHEESE</u> SERVED WITH STRING BEANS, A ROLL, DICED PEACHES & CHOICE OF MILK	<u>BEEF STIR FRY</u> BEEF & VEGETABLE, FRIED RICE, EGG ROLL & PINEAPPLE CHUNKS CHOICE OF MILK	<u>PIZZA</u> GARDEN SALAD & ASSORTED FRUIT DESSERTS CHOICE OF MILK
A LA CARTE SPECIAL	<u>CHICKEN TENDERS</u> BREADED WHITE MEAT CHICKEN, COLE SLAW AND FRENCH FRIES \$3.35	<u>CHICKEN PARM HERO</u> \$3.50	<u>MEAT & RICE STUFFED PEPPERS</u> SERVED WITH SALAD & FRUIT \$3.85	<u>BUFFALO WINGS</u> WINGS & DRUMSTICKS W/ SPECIAL BBQ SAUCE AND FRIES \$3.50	<u>SHRIMP TENDERS PLATTER</u> WITH GREEN SALAD AND FRENCH FRIES \$3.95
VEGETARIAN CHOICE: STUDENT \$3.15 ADULT \$3.50 + TAX	<u>PENNE & BROCCOLI</u> IN A LIGHT BROTH, FRUIT CUP & CHOICE OF MILK	<u>ROASTED VEGETABLE MEDLEY</u> WITH BROWN RICE, SLICED PEACHES & CHOICE OF MILK	<u>MACARONI & CHEESE</u> SERVED WITH STRING BEANS, A ROLL, DICED PEACHES & CHOICE OF MILK	<u>VEGETABLE STIR FRY</u> VEGETABLE, FRIED RICE, EGG ROLL & PINEAPPLE CHUNKS CHOICE OF MILK	<u>PIZZA</u> GARDEN SALAD & ASSORTED FRUIT DESSERTS CHOICE OF MILK
DELI SPECIAL \$4.50	TURKEY COBB SANDWICH	CHICKEN CAESAR WRAP	CRISPY ORANGE CHICKEN WRAP	BREADED CHICKEN CUTLET SANDWICH OR WRAP	CHEF CHOICE ON HOMEMADE FOCACCIA BREAD

MANAGEMENT RESERVES THE RIGHT TO MAKE MENU CHANGES WITH OUT NOTICE.

***** IF YOU HAVE A FOOD ALLERGY, PLEASE SPEAK TO THE MANAGER, CHEF OR STAFF MEMBER.*****