

# RYE CITY SCHOOL DISTRICT FOOD SERVICE DEPARTMENT

## ELEMENTARY CAFETERIA PRICING

### **Lunch of the Day                    \$ 2.90**

Complete with Entrée, starch, vegetable, dessert and milk

Note: At times the entrée and starch are combined.

***Substitutions for the complete lunch beverage;*** (All milk is free of artificial hormones)

Fat Free Milk, 1% Low Fat Milk, 1% Low Fat Chocolate Milk, 100% Apple Juice, 100% Orange Juice or 100% Juice Blend.

***Substitutions for the complete lunch - vegetable of the day;***

There are Daily bagged baby carrots and usually a house tossed salad as options.

***Substitutions for the complete lunch - fruit of the day;***

Daily the cafeteria carries whole fresh fruit (apples and oranges), and in many cases there are grapes, baby bananas, sugar free jello or canned fruit (only in natural juice) in cups for the children to choose from instead of the menu fruit choice of the day.

### **A La Carte Items**

#### **Salads;**

Caesar Salad	\$ 2.00	Chicken Salad	\$ 2.75
Chicken Caesar Salad	\$ 2.75	Tuna Salad	\$ 2.75
Fruit Salad Cup	\$ 1.50	Chef Salad	\$ 2.75

#### **Sandwiches;** (Made Daily on Whole Wheat Bread)

Boars Head Ham–Low Sodium	\$ 3.25	Yellow Cheese	\$ 2.00
Oven Roasted Turkey	\$ 3.25	Grape Jelly	\$ 1.75

#### **Other Items;**

8 oz Milk Container	\$ .40	8 oz Bottled Water	\$ .35
6 oz 100% Fruit Juice	\$ .60	Danimal Yogurt Cup	\$ .85
Yogurt Smoothie	\$ 1.25	Fruit of the Day	\$ .55
Bagged Apple Slices	\$ .60	Bagged Baby Carrots	\$ .40
Whole Fresh Fruit	\$ .55	Whole Wheat Bagel	\$ .75
Fruit Cup	\$ .45	Whole Wheat Roll	\$ .75
(Canned Fruit in Natural Juice)		Rice Krispies Cereal	\$ .85
Total Cereal	\$ .85	Cherrios Cereal	\$ .85

### **Dessert**                    Limit 1 per Child per turn past Cashier

#### **Ice Cream;** (Only one variety put out daily)

Frozen Puree Fruit Bar	\$ 1.00	Ice Cream Sandwich	\$ .75
Sherbet Cup	\$ .75	Dixie Cup	\$ .65

#### **Snacks;** (Only 2 or 3 variety put out daily)

Bagged Raisins	\$ .75	Popcorn	\$ .50
Nutri-Grain Bar	\$ .75	Bag Mini Pretzels	\$ .50
Organic Granola Bar	\$ 1.35	Pretzel Rod – each	\$ .10

#### **Hot Snack;** (When available)

Tuesday – Whole Wheat Chocolate Chip Cookie			\$ .65
Wednesday – Low Fat Muffins (Blueberry or Apple & Cinn)			\$ .80